

COVID 19 HEALTH ADVISORY FOR TRAVEL AND TOURISM



nCorona Virus Outbreak Control and Prevention State Cell
Health & Family Welfare Department
Government of Kerala

COVID-19 HEALTH ADVISORY FOR TRAVEL & TOURISM SECTOR

Date:13 March 2020

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Reference No. 1/Comm/Bol/2020, New Delhi dt march 11.2020



- Any foreign national who intends to travel to India for compelling reason may contact the nearest Indian mission.
- All national Passengers entering into India are required to furnish duly filled self declaration form in duplicate(Including personal particulars i.e. phone number and address in India, available on Ministry of health and family welfare, Govt of India Website, WWW.mohfw.gov.in) to health officials and immigration officials and universal health screening at the designated health counters at all points of entry.



- All incoming international passengers returning to India are also required to fill self declaration form in duplicate as started above and should self monitor their health and follow required do's and don'ts as detailed by government.
- Incoming travelers, including Indian nationals, are advised to avoid non essential travel and are informed that they can be quarantined for a minimum of 14 days on their arrival in Kerala (Refer table below)



- **Indian nationals are further strongly advised to refrain from travelling to China, Italy, Iran, Republic Of Korea, France, Spain And Germany.**
- **The following quarantine measures are applicable as per the table below**



CATEGORY	QUARANTINE	IF SYMPTOMS DEVELOP
<p>A. Traveler coming from a country with local transmission of COVID 19 in the last 14 days as updated in the daily situation report published by WHO</p> <p>https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/</p>	<p>Should be quarantined in the place of stay itself;</p> <p>High risk contact 28 days</p> <p>Low risk Contact: 14 days</p>	<p>Inform DISHA Helpline for further guidance and follow up. DISHA(24 X7) 1056 04712309250 04712309251 04712309252 04712309253 04712309254 04712309255</p>



CATEGORY	QUARANTINE	IF SYMPTOMS DEVELOP
<p>B. Traveler coming from a country has reported COVID 19 in the last 14 days but no local transmission, as updated in the daily situation report published by WHO</p>	<p>Should be quarantined in the place of stay itself;</p> <p>High risk contact 28 days</p> <p>Low risk Contact: Avoid non essential travel and social/Community contact</p>	<p>Inform DISHA Helpline for further guidance and follow up. DISHA(24 X7) 1056 04712309250 04712309251 04712309252 04712309253 04712309254 04712309255</p>



CATEGORY	QUARANTINE	IF SYMPTOMS DEVELOP
<p>C. Traveler coming from a country has reported COVID 19 in the last 14 days as updated in the daily situation report published by WHO</p>	<p>Should be quarantined in the place of stay itself; High risk contact 28 days Low risk Contact: Avoid non essential travel and social/Community contact for 14 days</p>	<p>Inform DISHA Helpline for further guidance and follow up. DISHA(24 X7) 1056 04712309250 04712309251 04712309252 04712309253 04712309254 04712309255</p>



CATEGORY	QUARANTINE	IF SYMPTOMS DEVELOP
<p>D. Local Contacts (Hotel staff/travel agents/drivers/waiters etc) of people coming from countries with reported local transmission.</p>	<p>Avoid non essential travel and community/social contact for 14 days from last exposure. Follow DO's and DON'Ts</p>	<p>Inform DISHA Helpline for further guidance and follow up. DISHA(24 X7) 1056 04712309250 04712309251 04712309252 04712309253 04712309254 04712309255</p>



HIGH RISK CONTACT



- Contact with a confirmed case of COVID –19
- Travellers who **visited** a hospital where COVID –19 cases are being treated.
- **Travel** to a province where **COVID –19 LOCAL TRANSMISSION** is being reported as per WHO daily situation report.
- **Touched body fluids** of patients (respiratory tract secretions, blood, vomitus, saliva, urine, feces)



HIGH RISK CONTACT

- Had **direct physical contact** with the body of the patient including physical examination without PPE.
- **Touched** or **cleaned** linens, clothes or dishes of the patient.
- **Close contact** within 3 feet, (1 meter) of the confirmed case.
- **Co-passengers** in an airplane/vehicle seated in the same row, 3 rows in front and behind of a confirmed COVID – case.



LOW RISK(LR) CONTACT

- **Shared the same space** (same classroom/same room for work or activity and not having high risk exposure to the confirmed/suspected case)
- **Travel in the same environment** (bus/train) but not having high risk exposure as cited above.
- Any traveller from abroad not satisfying high risk criteria.



A contact is person that is involved any of the following:

- **Providing direct care without proper personal protective equipment (PPE) for COVID 19 patients**
- **Staying in the same close environment of a COVID 19 patient including workplace, class room, household, gatherings**
- **Travelling together in close proximity (Within 1 Meter) With a symptomatic person who later tested positive for COVID 19.**



GENERAL DIRECTIONS

- Symptomatic and quarantined travelers isolated in the hotels/resorts/home stays/lodges etc should not use swimming pools, restaurants, gyms and business centers in the hotel/resorts etc. Food and refreshments shall be provided to their place of isolation. Secluded cottage type/room accommodation is preferred. If symptoms develop or worsens they should contact DISHA helpline for further guidance and follow up.





- **The cost of testing of a foreign national will have to be borne by the concerned traveler as per the actual cost.**
- **If the test for COVID19 is negative then the concerned traveler can be sent out of Kerala back to the country of origin or any other county as per the existing advisory of that country.**



- The test result certificate will be handed over to the traveler with the following disclaimer. *“This certificate is issued for the traveler to fly out of Kerala. The traveler is found to be negative for COVID 19 test on this day but this will no way guarantee that the traveler will not contract the infection on the way to country of origin or in the county of origin itself or from any other source.”*



- The foreign nationals who are already in Kerala shall contact DISHA Helpline 1056 if not done already
- Staff should maintain personal hygiene and interact with travelers with a minimum distance of 6 feet. Every hotel should have facility (Rooms) to isolated/Quarantined suspected guest and staff and adequate supply of medical mask and hand sanitizers.





- Rooms used by the guests with symptoms should be disinfected with commercial Lysol/Eco shield/silvox etc. Linen used by symptomatic travelers should be disinfected with 0.5% bleach solution (3 Teaspoon(15grams) bleaching powder in 1 liter of water prepared adequately)



- Travelers are advised to observe cough etiquette/ Respiratory hygiene, avoid contact with symptomatic persons. Practice frequent hand washing with soap and water or hand sanitizer. They are also advised to avoid large community/Social gatherings.





- Drivers engaged in transportation of symptomatic guests should wear triple layer mask and avoid A/C. Vehicle should be sanitized with Lysol/Eco shield/Silvox etc after transporting the symptomatic guests.



- Directions in the multi language Do's and Don'ts, leaflet with helpline numbers given to all travelers and hospitality staff should be strictly followed.
- Daily updated list of corona affected countries are available on the world health organization websites (www.WHO.int)
- Please visit dhs.kerala.gov.in for list of designated hospital in Kerala state



Close contact : Reference : nCorona guidelines: Department of Health and Family Welfare, Govt of Kerala. 26 January, 2020 (dhs.kerala.gov.in)





**THANK
YOU**

